SUPPORT CONTACTS

As a society committee we want to ensure you are equipped with the relevant information should a student come to you for advice.

The wellbeing of all our students is important so it is vital that as a committee member you do not try to deal with any issues personally but use the contacts below to direct the student to those best places to support them.

If you or any of the committee need advice please contact your Activities Coordinator.

NAME	SERVICE	CONTACT
UUSU Safeguarding Officer	UUSU has a designated Safeguarding officer who can be contacted should a student feel that they or another person is at risk of harm	**Colin Campbell** **cr.campbell@ulster.ac.uk**
UU Student Wellbeing	Student Wellbeing provides help & advice with student mental health and wellbeing, safe and healthy relationships, disability and additional study needs as well as guidance on money management and hardship funding.	**028 9536 7000** **studentwellbeing@ulster.ac.uk**
UUSU Advice Bureau	Advice on range of academic & welfare issues	**For info on services available uusu.org/advice** **To get in touch with an advisor complete the online form uusu.org/advice/getintouch**
Safezone	A free new app for that connects you to the University security team if you ever need urgent help, first aid or if you have an emergency while on campus	**ulster.ac.uk/safezone**
Inspire	Inspire's 24/7 student counselling service called Lena	**0800 028 5510**
Lifeline	Lifeline is a 24/7 crisis response helpline	**0808 808 8000**

SOCIETY HANDBOOK

YOUR GUIDE TO RUNNING A SOCIETY

NAME	SERVICE	CONTACT
Samaritans	Telephone support (external service)	116 123
Domestic & Sexual Violence Helpline	24 hour helpline	0808 802 1414 24hrsupport@dvhelpline.org
Nexus NI	Specialist counselling for male and female survivors of sexual abuse/ violence ages 16+	028 9032 6803 www.nexusni.org
Women's Aid	This helpline is open to all women and men affected by domestic and sexual violence.	0800 028 5510

You can also check out **www.ulster.ac.uk/know** for links to report & support, consent information and other personal and community safety information.