

BLACK HISTORY MONTH

Inspirational figures in Life and Health Sciences

Dame Donna Kinnair



A nurse and former Chief Executive and General Secretary of the Royal College of Nursing (RCN). As well as being a practicing nurse, Dame Kinnair has taught medical law, ethic, and child protection in multiple countries including Britain, New Zealand, Russia, and Kenya. She has also provided advice to the UK government on nursing and midwifery through her work with the prime minister's commission in 2010.

“ You are often on your own because if you're going to speak true to power you're going to go against the herd mentality sometimes, and that is never easy because you might be in a room full of people and you can see that everybody is nodding at something and you can't even see that something that they're nodding at; you know that that's not a factual real. And sometimes you just have to call it out. ”

Anthony Joshua is a British-Nigerian professional boxer and one of the most prominent figures in the sport today. Known for his powerful punches, athleticism, and humble demeanor, Joshua is a two-time unified heavyweight champion, holding the WBA, IBF, WBO, and IBO titles during his career. Outside the ring, Joshua is respected for his philanthropic work, often giving back to communities and using his platform to inspire young people. With his discipline, dedication, and drive, he has become a role model and a symbol of perseverance and resilience.

Anthony Joshua



“ Stay hungry, stay humble. Success isn't about what you accomplish, it's about who you inspire. ”

Dr Paul Stephenson



Bristol's first Black social worker and a prominent advocate for Black rights. In 1963, inspired by Rosa Parks, Paul led a boycott against the Bristol Omnibus Company because of their refusal to employ Black or Asian people in public-facing driver or conductor roles. The boycott soon gathered pace, attracting the support of thousands. After 60 days the bus company revoked the ban.

“ If you were a young Black person living in Britain, you couldn't be a policeman, an ambulanceman or fireman. You couldn't go into pubs, hotels, swimming pools, and now you couldn't drive on the buses. I had been watching the amazing things that Martin Luther King had been achieving in America, and now I thought something had to be done here too. ”