

## OVERALL EXECUTIVE

Minutes of a meeting of the Overall Executive held 6<sup>th</sup> March 2015 on the Belfast Campus.

PRESENT: Mark Bell (Overall President), Robbie Banham (VP Coleraine), Micky Quigg (VP Magee), Colum Mackey (VP Jordanstown), Sarah Curran (VP Campaigns and Communications)

APOLOGIES:, Declan Shiels (Sports President), Sarah Gordon (VP Belfast), Karen McKillop (Marketing Manager), Emmett Mullally (General Manager), Avril Honan (Student Engagement Manager)

### 15.29 MINUTES

Minutes for the meeting held on 13<sup>th</sup> February were approved.

### 15.30 ULSTER UNIVERSITY - WORLD MENTAL HEALTH INTERNATIONAL COLLEGE STUDENT WELL-BEING STUDY

Professor Siobhan O'Neill, Professor of Mental Health Services from the Psychology Research Institute presented her proposal for this study to take place at Ulster, and support from the students' union. The following abstract for the study was provided:

'The World Mental Health (WMH) International College Student Well-being Study aims to examine risk factors for mental health and well-being, explore protective factors, the use of services, predictors of service use, and barriers to help-seeking in the student population. First year students will receive an email containing detailed information about the survey prior to registration. We hope to recruit >2,000 students. It is proposed that, following registration, students will be routed to the survey and invited to participate. Consent forms will be signed, saliva samples collected and students will be provided with details on how to access the survey link. The team believes that it is very important that the student body is involved from the outset in this large scale study. Student Support has indicated that they would like to be part of an advisory group and it is hoped that representatives from the Student Union will also agree to participate, given the wealth of knowledge and expertise they have working with students with a wide range of problems. The team also believes that the Students Union may be well placed to promote the study and would welcome their collaboration as advisors and any assistance they may be able to provide during the recruitment process.'

The committee AGREED to support the project.

### 15.31 DATE OF NEXT MEETING

17<sup>TH</sup> April 2015