

Voluntary Sports Coaching in the Community

Outline of Activity:

Voluntary (non paid) sports coaching at a sports club or in partnership with a sporting organisation.

Option 1:

Student completes a National Governing Body Coaching Qualification (which is at a level that allows student to coach independently. This must be from a National Governing Body of Sport which is affiliated to either Sport Northern Ireland or the Irish Sports Council).

The student must then complete 20 hours as a volunteer coach in that sport for a local club or community association / sports club / sporting organisation.

Option 2 (alternative / equivalent to Option 1)

Those students who already have the recognised National Governing Body coaching qualification (as per above details) are required to evidence coaching for at least 30 hours as a volunteer coach in that sport for a local club or community association / sports club / sporting organisation.

Learning Outcomes

- Delivery Knowledge
- Competence
- Confidence
- Communication Skills
- Prioritising
- Time Management
- Organisational Skills

Anticipated level of commitment

30 hours

For More Information Contact:

Ellen McGuinness
UUSU

Email: edge@uusu.org

Process students should follow:

1. Student is required to have their club/organisation register with the UUSU Volunteering Centre:
<http://uusu.org/volunteer/organisation-register>
2. Student is then required to complete downloadable logbook:
http://uusu.org/ee_uploads/downloads/Volunteering-Logbook-2013.pdf and have their club sign off the logbook.
3. Student completes logbook and submits to Claire McLoughlin (UUSU Volunteering Centre) via email c.mcloughlin1@uusu.org or hardcopy to their Campus Students Union Office.

Questions regarding sports / clubs eligibility should be directed to:

Richard Gormley, Ulster Sports Outreach Manager, University of Ulster. r.gormley@ulster.ac.uk

